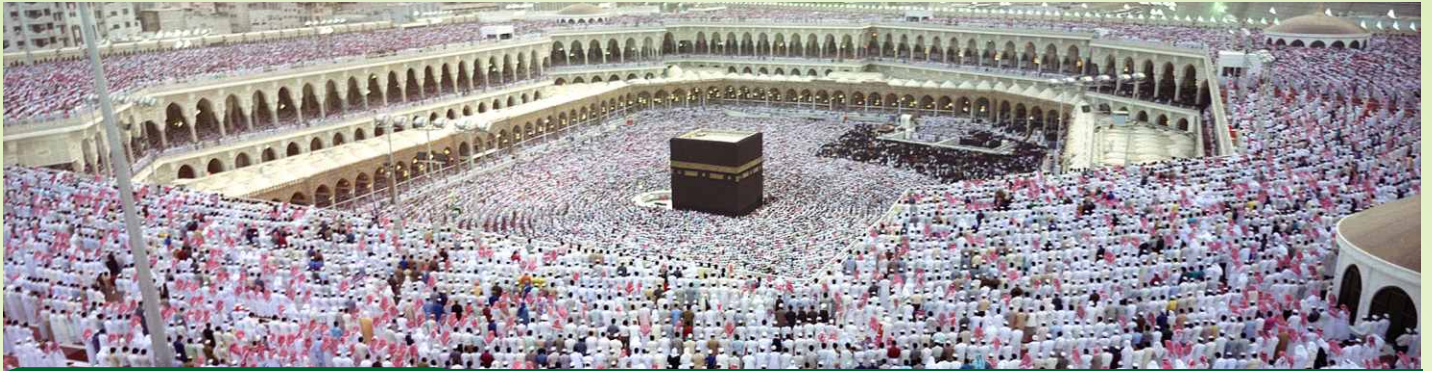




نشرة الاتحاد العالمي للجمعيات الطبية الاسلامية

e-newsletter of Federation of Islamic Medical Associations

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MESSAGE FROM THE PRESIDENT



Health is considered in Islam as a blessing given by Allah SWT to human beings. The Prophet (PBUH) said, "There are two blessings which many people do not appreciate: health and leisure time." It is a human's responsibility to preserve the blessing of health.

At the United Nations Millennium Summit in September 2000, 189 world leaders adopted the Millennium Declaration which was translated into a set of eight Millennium Development Goals - best known by the acronym MDGs. These goals, with targets and indicators, have special relevance to population, development and health and have become important tools of monitoring human progress. The target year for achieving all MDGs has been set for 2015, with 1990 being the baseline. The Muslim countries have committed to achieving the above MDGs.

On the contrary to this commitment the health status of the Muslim countries in general,

ranging from oil rich Kuwait and Saudi Arabia to Somalia and Afghanistan and the

Continued on Page 11

FIMA SEMI-ANNUAL EXCO MEETS IN MAKKAH AL MUKARAMAH, SAUDI ARABIA

The semi-annual meeting of EXCO of Federation of Islamic Medical Associations was held in Makkah al Mukaramah on February 27-28th 2014. The meeting was hosted by the Islamic Medical Association of Saudi Arabia and WAMY. It was presided over by the FIMA President Dr. Tanveer Zubairi and attended by Dr. Parviaz Malik (USA), Dr. Aly Mishal (Jordan), Dr. Ashraf Jedaar (South Africa), Dr. Abd Rashid Abd Rahman (Malaysia),

Dr. Muhammad el Amin (Sudan), Dr. Intzar Butt (FIMA Save-Vision), Dr. Ibrahim Sule (Nigeria), Dr. Atallah Ruhaily (Saudi Arabia), Dr. Salih al Ansari (Saudi Arabia) and Dr. Jassir el Shehary (Saudi Arabia). The EXCO members discussed in detail the approved agenda items including presentation of FIMA EXCO report by the FIMA President, Executive Director's report, Treasurer's report and reports of FIMA projects including



Day 1 of the FIMA semi-annual EXCO meeting

Editor in Chief Dr. Tanveer Zubairi, President, FIMA - **Editor** Dr. A. Rashid A. Rahman, Secretary, FIMA
Managing Editor Dr. Aly Mishal Executive Director, FIMA, **Assistant Editor** Sajjad Saleem

Dr. Mohammad el Amin (SIMA)



Dr. Ashraf Jedaar (FIMA treasurer), Dr Parviaz Malik (Immediate past President) and Dr. Salih al Ansari (IMAKSA)



FIMA Relief, Save-Vision, Save Smile, IHC (Islamic Hospital Consortium), CIMCO (consortium of Islamic Medical Colleges), FIMA Year Book, FIMA website, e-newsletter etc. The detailed report of 30th FIMA council meeting and FIMA-

IMASA scientific convention held in Cape Town, South Africa was presented by Dr Ashraf Jedaar. The report of FIMA-IMANA-SMV joint scientific convention and 31st FIMA Council meeting to be held in Tanzania was also discussed in detail. The FIMA EXCO reiterated its prior commitment with IMANA to hold this meeting in Arusha-Tanzania. Dr. Aly Mishal briefed the house about preparation of the FIMA Year Books 2013 and 2014 on the subjects of Substance Abuse and Encyclopedia of Islamic Medical

Jurisprudence. The FIMA President also informed the EXCO members about his participation in the first meeting of International Islamic Advisory Group on Polio Eradication, which was held on 26-27th February 2014 in Jeddah under the auspices of OIC (Organization of Islamic Cooperation). The members of EXCO later performed Umrah and visited the two holy Mosques in Makkah al Mukaramah and Medinah al Munwarah.



Dr. Ibrahim Sule from IMAN



FIMA EXCO meeting (inaugural session)



Dr. Ali Mishal and Dr. Atallah Ruhaily



Concluding session of the EXCO meeting in Hotel al Shuhada.

IMANA MEDICAL RELIEF AND FIMA SAVESMILE MAKES A DIFFERENCE TO THE SMILE OF HUNDREDS OF SUDANESE KIDS.....

SaveSmile 2014



IMANA Medical Relief

Five years ago IMR's program development team traveled to Khartoum on invitation of FIMA SaveSmile to establish what they envisioned to be a cleft lip and palate surgical program. The first team was only four volunteers, this year's team was twenty five volunteers, who are changing lives forever. Showing how much SaveSmile has grown and accomplished in the last five years is in itself a great achievement. IMR SaveSmile Surgical Team in collaboration with FIMA

SaveSmile of 25 volunteer physicians and medical students arrived at Khartoum Airport on March 2, 2014 for its 5th Annual Cleft Lip Surgical Mission.

After a brief 90 minute rest the team proceeded straight to the hospital at 8am where the surgical team worked for the next 5 days providing free cleft lip and palate reconstructions to those in need.

As the IMR-FIMA team arrived at the hospital they were greeted by

families and children eagerly waiting for their arrival. Many traveled long distances in hope to seek definitive treatment for their deformities. FIMA's past President Dr. Parvaiz Malik and IMANA President Dr. Ismail Mehr spoke on behalf of FIMA and IMANA respectively thanking the local hosts and focusing on the significance of this year being the 5th annual mission trip to Sudan.

The team focused on setting up and coordinating logistics for the



Day 2, the surgeons getting ready to move to the hospital.



Dr. Zahir Khaliq in the operating room.



The smile is back.....

Today IMR Celebrates 500th Patient



5th Annual SaveSmile Surgical Mission

Day 4 Report: Lives Being Changed Forever



patient flow and procedural process. Five operating stations were quickly established. At 12:30 pm the team made it's first incision, changing the lives of a total 23 patients who were operated on our first day. 270 patients were scheduled to be seen

within the next five days.

Till final day a total of 644 patients were operated. On the concluding day the team was honored with a lovely going away banquet. The hosts from the Sudanese Islamic Medical

Association (SIMA) were nothing short of spectacular the entire week. In the closing remarks each and every one of IMR members had a chance to say a few words. Appreciating the SIMA efforts to make this marathon activity a great success.



Day 3 AND 4 OF THE Save Smile camp, the target of 500 achieved on day 4th of the camp.



Dr. Parvaiz Malik and his daughter Dr. Iman Malik with happy kids and their families.

FIMA SAVE-VISION CONDUCTS FREE EYE CAMPS IN NIGERIA - JANUARY 2014

After completion of two free eye camps in Gombe and Kaduna States of Nigeria in December 2013, where 1247 free eye surgeries were performed, FIMA Save Vision held two other free eye camps in Bauchi & Kaduna States in January 2014, where 1007 free eye surgeries with implantation of intraocular lens were performed.

Bauchi Free Eye Camp:

Bauchi 2014 Eye Camp took place at Bayara General Hospital at Bayara, Bauchi. The Eye Camp was commenced on 15th January with a huge turn out of the patients paralleled by an impressive number of Ophthalmic doctors, nurses, support staff etc. It was a camp sponsored by I Care Women and Youth Initiative and fully supported by IMAN. I-Care Women and Youth Initiative (ICWYI) is an NGO founded by Dr. Hajiya Amina Namadi Sambo, the wife of the Vice President Federal Republic of Nigeria. We had over 600 patients who benefited from the screening and

got other treatment other than cataract operation. A total of 527 patients had successful Cataract operation during this period.

On the 18th January, a ceremony was organised for the purpose of flagging off and advocacy for the Eye Camp. The occasion was attended by the representative of the Executive Governor of Bauchi State, the Speaker of Bauchi State Assembly, Mallam Yahaya Mohammed Miya. The Founder of I-Care Women and Youth Initiative,

Kaduna Free Eye Camp:

Kaduna free eye camp was conducted from 20th to 24th January 2014 at Yousaf Hospital Kaduna Nigeria. Partner organizations apart from FIMA Save Vision were IIRO (International Islamic Relief Organization), IMAN (Islamic Medical Association Nigeria) & Haja Fatima Mai Boro. Some 480 patients were operated for cataract with Intraocular lens Implantation. National

coordinator FIMA Save Vision Nigeria Dr. Imam Wada Bello and Patron FIMA Save Vision in Nigeria Engr. Ibrahim Abdullah Maimaje supervised the camp.

Director FIMA Save Vision Dr. Intzar Hussain had a meeting with representatives of IMA Nigeria and appreciated their efforts for the perfect arrangements of the eye camps in Bauchi & Kaduna State by FIMA Save Vision.

Another meeting of sponsors & stakeholders of FIMA Save Vision in Nigeria was conducted at kaduna which was attended by Engr. Ibrahim Abdullah Maimaje, Dr. Imam wada bello, Haja Fatima mai boro, Lt col Shehu Ibrahim, Hajia Maryam Yahya Sani and representatives of IMA Nigeria. This meeting was presided by Dr Intzar Hussain. In this meeting strategy for future camps and workshop of corneal transplantation and to train the local eye surgeons in 2014 were decided.



Dr. Usman Saeed performing eye surgery



Dr. Iftikhar performing eye surgery



Dr. Intzar Hussain performing a cataract surgery



The participating eye surgeons were presented with certificates of participation.

PICTURE GALLERY OF FIMA SAVE VISION FREE EYE CAMPS IN NIGERIA- JANUARY - 2014



SOMALIA YOUNG DOCTORS ASSOCIATION PROVIDES MEDICAL AND RELIEF SERVICES TO RECENT INFLUX OF REFUGEES

A Three days long SOYDA mobile camp was organized in KM 10-13 IDP Camps in Afgooye corridor Lower Shabelle Region, where a large number of new IDPs had settled since early March 2014. The achievement made during the course of the mobile team were immense. SOYDA attended to 759 beneficiaries in total and most of them were children and mothers who were mostly suffering and starving and could not afford to buy a single tablet of medicine. Before the actual day of commencement SOYDA carried out an environmental screening considering the security, and accessibility as well as the needs of the IDPs.

The three days mobile camp conducted by SOYDA

commenced on 04th April and continuing till 07/04/2014.

SOYDA carried out these activities through spirit to help effort and a concerted team work, as well rapid need response. The methodologies carried were basically quick screening of the beneficiaries doing intensive consultations with diagnosis and providing essential medication.

The main health problems encountered were severe malnutrition, acute watery diarrhea, RTI and Measles mostly the children under 5 age were found to be the victims.

In the above 5 years age group respiratory tract infection, intestinal parasites and anemia

were prevalent.

The adults were also found malnourished and suffering from skin infections, anemia, chronic disease and urinary tract infection and pelvic inflammatory disease, there was no antenatal or postnatal care for expecting mothers.

The three days mobile camp activities carried out by SOYDA was successful and the organization volunteer team consisted of 3 Doctors, 4 Nurses, 2 Pharmacist and 2 lab technician, beneficiaries 278 were children, 369 were mothers (lactating and pregnant) 112 were male including old age people.





News in Brief



Dr Ihsan Karaman, Vice President of FIMA and President of Green Crescent Society of Turkey during an interview on substance abuse to a national TV channel



Focusing on Tobacco smoking can save thousands of lives in the future. A target of Green Crescent Society for 2014-20120.

Green Crescent Turkey, a broad based campaign has been in vogue again tobacco and substance abuse.



BIMA (Bosnian medical association - Bosnia & Herzegovina) after stagnating for long has revived and re-started its functioning. The editorial board is pleased to inform that BIMA has revived its activities and elected the new office bearers. Dr. Faris Foco is the new President, whereas Dr Hasan Mrkonja, dipl.oec (hasan_mrkonja@hotmail.com) is the secretary of BIMA.

31ST FIMA COUNCIL MEETING, FIMA-IMANA SMV SCIENTIFIC CONVENTION- 2014 ARUSHA-TANZANIA



Tanzania is one of the choicest destination for tourists from all over the world, who are keen to get closer to the natural beauty of jungles, wildlife and game reserves. It is home to Kilimanjaro, Africa's highest mountain, and is one of Africa's most popular safari destinations. The country also has dozens of beautiful white sandy beaches and many other attractions.

FIMA and IMANA is holding a joint meeting in Arusha-Tanzania this year in collaboration with our local host IMA; Sunshine Muslim Volunteers. Get ready for a very exciting and adventurous tour this summer.

Please mark the dates and rush for registration:

Arrival in Arusha on 06/08/2014

FIMA Pre-council Exco meeting: 06/08 at 19:30 (7:30pm)

FIMA Council meeting: 07/08 at 09:00-18:00

08/08 at 09:00-12:00

FIMA/IMANA Scientific Convention: 09-10/08 at Mt. Meru Hotel

Sight-seeing Safaris: 9-11/08 and during council meeting (spouses)

Depart Arusha: 11 or 12/08/2014

Venue for FIMA Council meeting :The East African All Suites Hotel (www.hotels.com or www.eastafricanhotel.com) . Bookings can be made directly with the hotel: Contact person: Brian Mshana: email:

bdc4@eastafricanhotel.com, mobile number: + 255 782 365337 or +255 717 487696. Fax: +255 272050074) Please quote "FIMA" as reference when making reservations (cc the same mail of booking to Dr. Juma Mwembie (drmwimbe@gmail.com). The following affordable rates apply (bed/breakfast):

Single room \$100/room

Double room \$120/room

Family rooms (4 beds) are available on request

Safari fee: \$ 160 per head

1. I would Appreciate all delegates who will book directly to the Hotel for accommodation to please send a copy to Us





so that we can be aware and for possible arrangement of transportation from the airport.

2. The transportation from the airport will be available but the Cost indicated is for a trip. so because most delegates will arrive separately I have put it a single entity for each delegate. If happen that you arrive together the cost will be divided to all of you.



The FIMA/IMANA Scientific Convention will be hosted at the Mt. Meru Hotel, 3.5km from East African All Suites (a shuttle is available between the 2 hotels).



Please Note: Accommodation at East Africa All Suites Hotel and airport transfers and tours are for the delegate's own account and bookings should be made directly with the respective hotels. Dr Mwimbe Juma and his team of dedicated volunteers are available to assist with any difficulties.



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IMANA cordially invites FIMA to, IMANA 47th Annual and 12th International Convention and Scientific Assembly in Arusha, Tanzania August 9th and 10th. This year's topic will be “Global and

Demographic Challenges”. To submit an Abstract please follow the instructions on the attached document below. For further details please contact IMANA Headquarters via email

(hq@imana.org) or phone (+63 (0) 932 0000).

Ayaz Samadani
CME Chair



President FIMA, Dr Tanveer ul Hasan Zubairi making his presentation in SESRIC workshop in Ankara-Turkey.
(Detailed report in next issue)

REMAINING MESSAGE OF THE PRESIDENT

achievements in implementing the MDGs is not meeting the expected standards. Muslims form one of the biggest religious groups in the world with an estimated population of over 1.8 billion. Achieving the MDGs holds the promise of saving millions of lives; addressing the scourge of illiteracy, hunger and malnutrition; and ensuring good health to lead productive lives. However achieving Health MDGs 4, 5 and 6 may appear a daunting task to many developing and relatively resource poor Muslim nations.

OIC (Organization of Islamic Cooperation) in the same wake of improving the preventive and curative health standards in the under developed Muslim countries. The 4th Islamic Conference of Health Ministers (ICHM), held in Jakarta on 22-24 October 2013, adopted the OIC Strategic Health Programme of Action (SHPA) 2014-2023. The Health Ministers also adopted a detailed Implementation Plan to facilitate and guide the effective implementation of the SHPA.

The SHPA provides a framework for focused action and international collaboration for the next ten years to deal with the most pressing challenges and needs of the OIC Member States in the field of health. The adoption of the SHPA and its Implementation Plan is expected to impart a new impetus to the OIC health agenda and the programmes and activities of the OIC

and its institutions in this field. FIMA is now a new partner with OIC to jointly work on these health related issues and FIMA has extended its fullest support to OIC in meeting the challenges in SHPA.

Under OIC, Muslim countries are building upon the strength of Islamic traditions self-help, solidarity and protection of the people especially the vulnerable. Many of these countries demonstrably require additional resources, hence the flow of developmental assistance needs to be increased, with the wealthier Muslim countries assuming their responsibility towards the poorer nations by providing the necessary funding and technical expertise. Without good inter-country cooperation, achieving the health related MDGs is likely to remain elusive for many Muslim nations. Nevertheless, Muslim nations have reiterated their commitment to give high priority in providing optimum and quality health care to their population at the third Islamic Conference of Health Ministers held in Astana, Republic of Kazakhstan in October 2011 and later in Jakarta in 2013. If we are to meet the MDGs, there is no time to rest, we have to infuse a new sense of urgency to prepare for the final push to achieve the MDGs by 2015 and fulfill the hopes of millions of people in the Muslim nations.

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In the next issue of May 2014:- Report on OIC meeting of Islamic Advisory Group on Polio eradication, SESRIC-OIC Workshop, Ankara-Turkey and 9th FIMA Umrah camp.